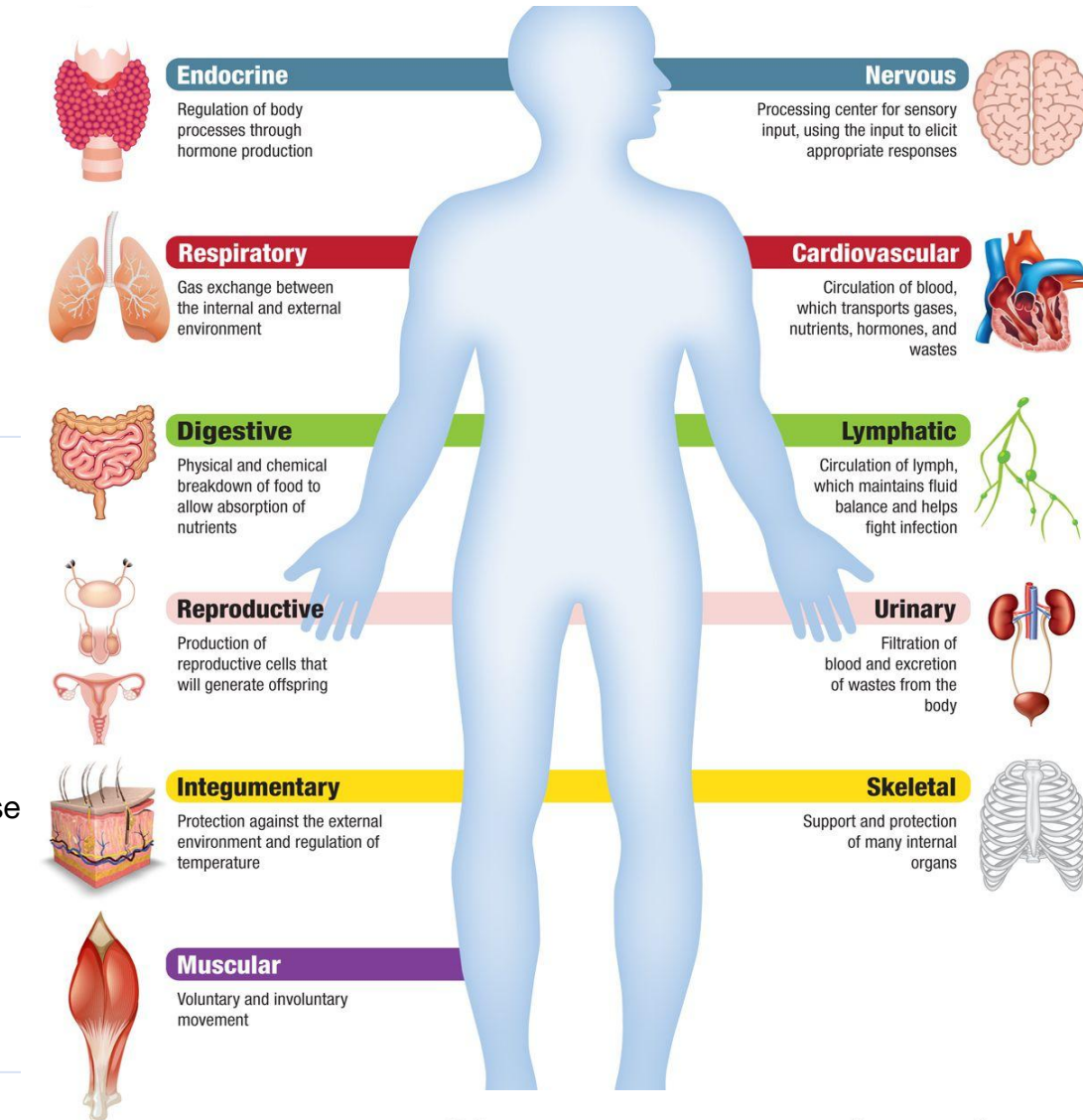


Many Conditions Associated With hEDS/HSD



Autoimmune

- Food allergies
- Mast Cell diseases
- Sjogren's Syndrome

Ophthalmology

- Retina detachment

Fatigue

- ME/CFS 38%
- Exercise intolerance
- Postexercise malaise (PEM)

Gastrointestinal

- Abdominal: pain (< half)
- Celiac disease (5-16%)
- Constipation
- Crohn's disease
- Dysmotility
- Dysphagia
- Eosinophilic esophagitis
- Functional dyspepsia
- Gastrointestinal reflux disease
- Gastroparesis
- Hiatal hernia
- Irritable bowel syndrome
- Pelvic floor disorders
- Pelvic organ prolapse
- Nausea

Dermatologic

- Rashes
- Poor wound healing

Neurological

- Migraine headache
- Tension-type headache
- Dystonia
- Decreased school performance
- Brain fog/cognitive difficulties
- Low mood
- Difficulty concentrating
- Memory problems
- Somatization
- Neurogenic bladder
- Atlanto-axial instability
- Chiari malformation
- Craniocervical instability
- CSF disorders (shunts)

Gynecologic / Men's Health

- Pelvic pain
- Dysmenorrhea
- Urinary stress and/or urge incontinence
- Neurogenic bladder

Musculoskeletal

- Temporomandibular joint disorders
- Compression disorders
- Osteopenia/osteoporosis
- Osteoarthritis
- Fibromyalgia-40%
- Pain – 100%

Cardiovascular

- POTS: Postural Orthostatic Tachycardia
- Mitrovalve prolapse
- Aortic root dilation
- Dysautonomia

Hematological

- Thrombocytopenia
- Thromboembolism
- Mastocytosis
- Mast Cell Activation Syndrome

Psychiatric

- Anxiety
- Depression
- Insomnia
- Eating disorders

Neurodivergence

- Autism
- ADHD
- Tic disorder

Otolaryngology

- Swallowing disorder

EDS  Foundation